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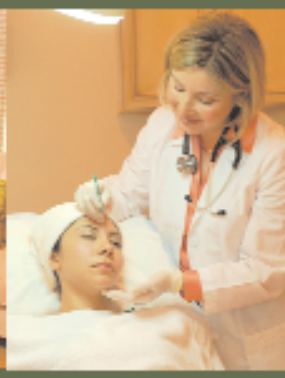

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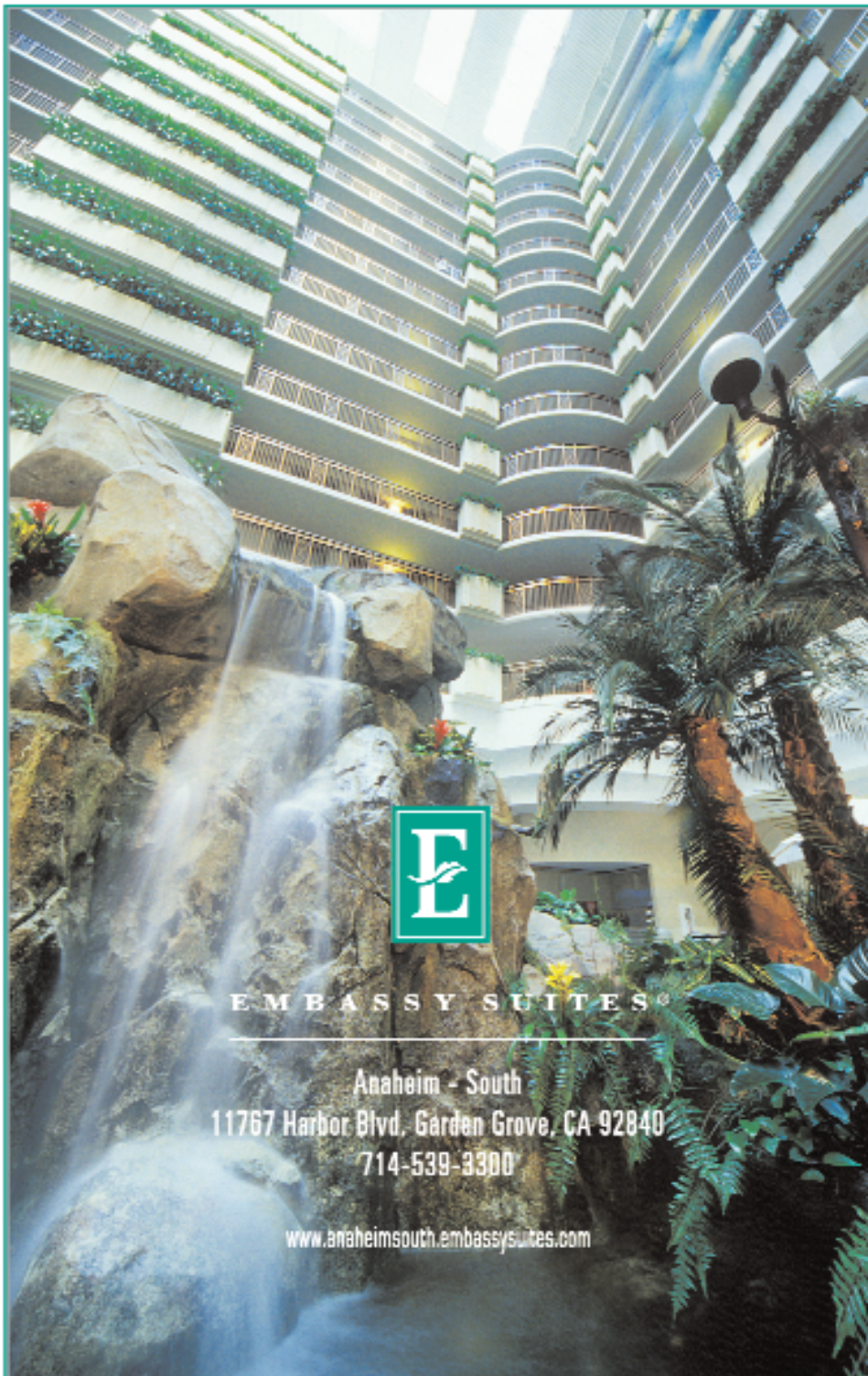

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NOTE

Since our last issue, we have made significant advances by increasing our distribution and making Linda Novia & Quinceañera Magazine available to hundreds of future brides and quinceañeras throughout Southern California and beyond.

Recently, we had the honor of inaugurating the new Linda Novia Show Room in Montebello, California where we joined National Suit to bring top wedding professionals and designers together in one location.

The Show Room brings Linda Novia & Quinceañera Magazine to life by showcasing everything a bride and quinceañera needs for that special day, making it a place they can indulge themselves in! The Linda Novia Show Room brings together top wedding professionals and designers like Lisa Floral Designs, Mingita's Bridal with 47 top fashion designers, Ivette Alaniz, Paloma's Collections Inc., Cathy from Two Cute Footwear, De Leonardo Photography , Blue sky Photography, Orlando Photography and many more wedding professionals!!

This summer, I also had the privilege to celebrate my youngest sister's wedding in the beautiful picturesque town of Zapopan, Jalisco. My dear family and I had a memorable experience as we celebrated with the bride and groom a traditional, four-day Mexican wedding. Upon my return and reflecting on the wonderful time we all had, I reconfirmed how special and memorable weddings can be!

I would like to give a special thanks to our creative

MENSAJE

Desde nuestro último ejemplar, hemos hecho significativos avances tendientes a aumentar nuestra distribución para lograr que la revista Linda Novia & Quinceañera estuviera a disposición de cientos de futuras novias y quinceañeras tanto en el Sur de California como en otras ciudades.

Recientemente, hemos tenido el honor de inaugurar una muestra de Linda Novia en Montebello, California, donde junto a National Suit pudimos agrupar a los más altos profesionales y diseñadores en el tema de bodas y todos, en un solo evento.

La muestra hizo que la revista Linda Novia & Quinceañera congregara allí todo aquello que una novia o una quinceañera necesita para ese día tan especial, haciendo del evento el lugar perfecto para sentirse complacida! La muestra de Linda Novia logró reunir a profesionales y diseñadores como Lisa Floral Designs, Mingita's Bridal con 47 diseñadores de alta moda, Ivette Alaniz, Paloma's Collections Inc., Cathy de Two Cute Footwear, De Leonardo Photography , Blue sky Photography, Orlando Photography y muchos otros profesionales más!!

Este verano, tuve también el privilegio de celebrar la boda de mi hermana menor en la pintoresca ciudad de Zapopan, Jalisco. Tanto mi familia como yo tuvimos la inolvidable experiencia de festejar la boda a la tradición Mexicana, o sea, durante cuatro días corridos. Al regreso y evocando el maravilloso momento vivido por todos, pensé cuan especiales y memorables pueden ser las bodas!

Quiero expresar mi agradecimiento especial a nuestra creativa Diseñadora Gráfica, Dora Vargas, quien constantemente realza la Revista con toques de calidad y



COVER STYLE

A beautiful dress by Raylia Designs. This chiffon slim A-line gown features a V-neckline with tank style straps. Bodice is accented with beading and embroidery. Zip up back. Shown in Diamond White.

Model (modelo): Lara LaRue Otto Models, Designer (diseñadora): Minguita's Bridal Shop, Flowers (flores): Lisa's Floral Designs, Photography (fotografía): Jorge Garcia Phototgraphy, Hair (estilista): Millenium 2000, Makeup (maquillaje): Gemma Red Reminisce Events, Jewelry(joyas): Daniel Espinosa (headpiece and earrings) and Minguitas Bridal Shop (bracelet and necklace)



You will find everything you need to plan and find ideas for your special event such as: Bakeries, Photographers, Beauty Salons, Bridal Stores, Entertainment, Flower Shops, Jewelry, Limousines and much more.

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THE DUTIES OF YOUR MAIDS

Your engagement has been announced. The wedding date has been set. Now it's time to select your maid of honor and bridesmaids!

The Maid of Honor

One duty we all know that the maid of honor does is to stand closest to the bride at the wedding. We know she holds the bride's bouquet during the ceremony and signs the marriage license as a witness. But what else does a maid of honor do? Ultimately, the maid of honor is the bride's right hand person. She is there to assist with everything from attending bridal shows to helping the photographer locate Auntie Carmen for that must have family photo. The maid of honor can help address wedding invitations, make favors, or assist with any do it yourself projects. She accompanies the bride when it is time to go bridal gown shopping and shopping for the bridesmaid's dresses. The maid of honor along with the bridesmaids has the fun responsibility of planning the bridal shower and or bachlorette party. On the day of the wedding she is responsible for helping to keep the bride calm and relaxed, holding the groom's ring, adjusting the bride's train at the alter, and of course one very important duty of the maid of honor is to give the

The Bridesmaid

Your bridesmaids can have very similar responsibilities to your maid of honor. Especially if your maid of honor is living out of town or does not have a lot of available time due to her work schedule. Today, a lot of bridesmaids are stepping up to help the bride with everything from last minute shopping for supplies, making favors, picking up the brides accessories, and helping with do it yourself projects. Brides are planning "girl's days" where her female bridal attendants spend the day dress shopping, enjoying a relaxing lunch and bonding. The bridesmaids are getting together to help the bride in any way possible by addressing the wedding invitations or creating their own bridal bouquets. The bottom line is today's bridesmaids are more involved. They're not just there to look pretty while walking down the aisle and spending the day posing for hundreds of photographs. They want to be involved. They want to help make your wedding planning process exciting, fun, and enjoyable. One of the fun aspects of being a bridesmaid is helping the maid of honor decorate, plan, host and pay for the bridal shower. Bridesmaids are no longer guests at the pre-wedding parties but they are helping to make

When selecting your bridal party make sure you ask for help or delegate responsibilities to your bridesmaids, because they are no longer just there for photo purposes but there to help alleviate your work and stress.

Jr. Bridesmaid

A junior bridesmaid is another person who adds that special touch to any wedding. She is the special girl in your life who is too old to be a flower girl but too young to be given the full title of bridesmaid. A junior bridesmaid is usually between the ages of 9 to 14 years of age. She can assist in some of the pre-wedding activities like making favors, assisting with stuffing envelopes and shopping for the bridesmaids dresses. Her dress should be similar but appropriate to the bridesmaid's dresses. The junior bridesmaid can attend pre-wedding events as long as they are appropriate for young children. She can assist the other bridesmaids at the bridal shower by helping to decorate, assisting with games, helping to keep track of which guests brought each present and helping to serve the guests. At the ceremony the junior bridesmaid can have responsibilities to help pass out the wedding programs along with the ushers or distribute bubbles, bird seeds, and petals to the guests. She participates in the processional and is included in the photography with the bridal party. Although having a junior bridesmaid is a very cute addition to any bridal party, don't stress by thinking you now must

BY WENDA EVANS COORDINATOR-MORE THAN JUST WEDDINGS...BY WENDA



Photography by Gaytan Productions | Dresses Provided by Brides by Liza

Today's brides are giving their bridesmaids the option to select their own dress based on a color scheme and other guidelines. B ridesmaids are able to select more flattering dresses and or pants suits which allow them the option of wearing their attire after the wedding.

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LOS DEBERES DE TUS DAMAS

Tu compromiso ha sido anunciado. La fecha de la boda fijada. Ahora es momento de seleccionar a la dama de honor principal y sus otras damas acompañantes!

{Dama de Honor}

Una de las obligaciones que la Dama de Honor tiene es estar muy cerca de la Novia en la ceremonia. Sabemos que es quien sostiene el bouquet de la novia y quien firma la licencia de matrimonio como testigo. Pero qué otra tarea realiza esta Dama? Básicamente es la mano derecha de la novia. Está allí para asistir en todo lo que haga falta, desde asistir a las fiestas preparatorias hasta ubicar a la tía Carmen para la foto familiar infaltable en la boda. La Dama de Honor ayuda con las invitaciones, realiza algunos de los favores para las fiestas o ayuda en todos aquellos proyectos personales que tienen que llevarse a cabo. Es quien acompaña a la novia cuando tiene que ir a comprar sus atuendos para la boda y los vestidos que usarán las damas de honor. Es también quien, junto con las otras damas tiene el honor de organizar las distintas fiestas de despedida antes de la boda. En el día mismo de la boda es su responsabilidad tratar de mantener a la novia calma y relajada, hacerse cargo del anillo del novio, cuidar que la cola de su vestido esté bien en todo momento en el altar y la otra obligación importante es hacer el brindis de honor en la recepción. Muchos invitados piensan que este es el

{The Bridesmaid}

Estas damas de honor tienen responsabilidades similares a la principal. En especial cuando se da el caso que la Dama principal vive en otra ciudad o no dispone de mucho tiempo debido a sus horarios de trabajo. Hoy, la mayoría de las damas de honor acuden a ayudar a la novia con distintos quehaceres, desde compras de último momento, favores personales, ayudar en la búsqueda de accesorios y asistir con otros proyectos personales. Entre ellas y junto a la novia planean "un día de damas" donde todas van a un día de compras y disfrutan de un almuerzo relajado y afianzan su amistad. Las damas de honor se unen para asistir a la novia en todo lo que sea posible. Ayudan con las invitaciones para la boda y confeccionan sus propios bouquet. La realidad es que cada vez se involucran más en los preparativos. No están allí solo para lucir bonitas al caminar junto a la novia o para retratarse en cientos de fotos. Quieren participar. Ellas quieren ayudar a que todo el proceso del planeamiento de la boda sea excitante, divertido y alegre. Uno de los aspectos más interesantes es la participación en la decoración y el planeamiento de la fiesta de despedida de soltera y también ser las anfitrionas y afrontar los gastos de esta fiesta. Las damas de honor ya no son solo invitadas en estas fiestas

Entonces cuando comiences a elegir a todas tus Damas, piensa que podrás pedirles que te ayuden, y podrás delegar algunas responsabilidades en ellas, ya que no solo están allí para posar para la foto de boda sino para aliviar tu trabajo y tu estrés.

{Dama de honor Jr.}

Una Damita de Honor es otra de esas personas que le dan un toque especial a la boda. Es una niña especial en tu vida y que es muy mayor para ser la niña de las flores y demasiado joven para llevar el título de Dama de Honor. Por lo general tiene entre 9 y 14 años. Puede participar en algunas de las actividades de antes de la boda, como hacer algunos favores, asistir en el ensobrado de las invitaciones y participar en el tour de compras de los vestidos de las otras Damas. Su vestido debe ser similar al de las mayores pero apropiado a su edad. También podrá participar de aquellas actividades previas a la boda que sean adecuadas para una niña. Puede asistir a las otras damas con los preparativos de algunas de las fiestas, ayudando a decorar, a armar los juegos, hacer un seguimiento de los regalos para luego informarle a la novia y ayudar a servir y agasajar a las invitadas. Durante la ceremonia, puede tener la responsabilidad de distribuir los programas, también burbujas, semillas o pétalos, según imponga la fiesta. Por supuesto es parte del cortejo y deberá estar en todas las fotografías oficiales de la boda. Si bien tener una Damita de Honor es un hecho agradable para la boda, no creas que debes necesariamente salir a buscar a una niña

POR WENDA EVANS COORDINATOR-MORE THAN JUST WEDDINGS...BY WENDA TRADUCIDO POR SUSANA CELIA



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Dresses -Minguita's Bridal and Brides by Liza

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Crystal heart necklace & earrings set. Made with sterling silver.

Conjunto de collar y aretes con corazón de cristal. Hecho de plata esterlina

Golden genuine pearl & crystal dropped necklace & earrings. Made with gold plated sterling silver.

Conjunto de collar y aretes de perlas doradas genuinas y pendiente de cristal. Hecho de plata esterlina

Genuine faceted oval shape garnet necklace & earrings set. Made with sterling silver.

Genuino conjunto de collar y aretes con pendiente en forma ovalada. Hecho de plata esterlina.





"Blue Scorpion Carrying Leaf" necklace with 2 different types of earrings. Each type can be included as set. Made with Jet glass & sterling silver.

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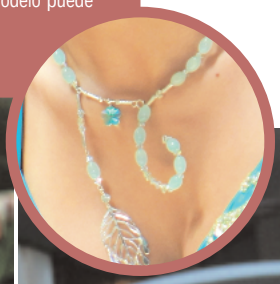



Back View

Blue genuine pearl necklace & earrings set. Made with sterling silver.

Conjunto de collar y aretes de perlas genuinas azules. Hecho de plata esterlina

Blue genuine lapis necklace & earrings set. Made with Sterling silver.

Conjunto de collar y aretes de lapislázuli. Hecho de plata esterlina



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BOUQUETS



Red Roses, white Lisianthus and red upright Amaranthus finished with a hand tied red satin bow.

Rosas rojas, Lisianthus blancos y Amaranthus rojos de tallo largo enlazados con cintas de satén rojas y un moño.



Pink Freesia, yellow and pinkish red cala liles finished with a hand tied light pink ribbon.

Fresias rosas, cala lilis amarillas y rosadas con un lazo atado a mano en color rosa suave.



Dark pink and light blue Lisianthus, white Dendrobium Orchids and pinkish red mini cala lilies finished with a hand tied satin baby blue ribbon.

Lisianthus rosa oscuro con celeste, orquídea blanca Dendrobium y mini cala lilis rosadas, y terminado con una cinta azul bebé de satén.



Vendela Roses, Kangaroo Paw and Myrtle finished with a hand tied brown and satin ribbon.

Rosas Vendela, Patas de Canguro y Mirtos terminados con un lazo marrón y cintas de satén.



Red roses, Stephanotis and red Hypericums decorated with silver hearts and finished with a hand tied white satin bow.

Rosas rojas, Stephanotis y Hypericums rojos decorados con corazones de plata y termindados con un moño de satén blanco.



Dark pink Carnations, bright red Gerbera Daisies and feather Fern finished with a hand tied light pink ribbon.

Claveles rosa oscuro, Margaritas Gerbera rojo brillante y rodeadas de helecho con un lazo atado a mano en color rosa suave.



Dark pink Lisianthus, white Dendrobium Orchid, green Leather Fern, mini cala lilies, with our own grown seasonal fragrant Tuberose set in a holder.

Lisianthus rosa oscuro, orquídea blanca Dendrobium, Helecho verde, mini calas lilis, con nuestra fragante Tuberose de nuestro propio cultivo, todo en un solo ramo.

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MODEL | MODELO JACKELINE CACHO

Vestido Verde Drapeado - Diseñador MUSSANI
Vestido Verde drapeado , en tonos negros con verde, bordado en hilo de oro y shakira, material satin de seda. Modelo exclusivo de Palomas Collection www.palomascollection.com

Silk satin green drape dress, in black and green, beaded with golden thread and shakira. Designer is MUSSANI.

Vestido Azul - Diseñador Mussani
Vestido Azul Imperial o Royal Blue, en seda satinada delicadamente decorado con un fino broche elaborado en cristales de oro. Modelo Exlclusivo de PALOMAS COLLECTION www.palomascollection.com

Royal Blue dress, in satin silk with an exclusive golden crystal pin. Designer is MUSSANI



MODEL | MODELO MALACARA

LOCATION
locación
Embassy Suites Anaheim South

Traje de Dos Piezas Plata - Diseñador MUSSANI
Vestido en Satin de seda con bordado en Bipiur y con aplicaciones en shakira. Modelo Exclusivo de Palomas Collection www.palomascollection.com

Silver two-piece silk satin suit, beaded in Bipiur and shakiras. Designer is MUSSANI.

Photography
fotografía
Gaytan Productions



MODEL | MODELO LEYRA CAROLINA VALDEZ


MODEL | MODELO LEYRA CAROLINA VALDEZ

Vestido Negro - Diseñador MUSSANI
Modelo Leyra Carolina Valdez
Vestido en Satin de Licra con Organza, delicadamente bordado con aplicaciones de pedreria de plata. Modelo Exclusivo de PALOMAS COLLECTION
www.palomascollection.com

Black Dress in Lycra Satin with Organza, delicately decorated with silver touches. Designer is MUSSANI. Model is Leyra Carolina Valdez

Hair and Makeup - Ana Bertha, Maquillista de las Estrellas
323.677.7901


MODEL | MODELO JACKELINE CACHO


MODEL | MODELO MARIA DE LA LUZ VALADEZ

Vestido Cobrizo - Diseñador MUSSANI
Vestido en tonos cobrizos con combinación de seda y satin con aplicaciones de gamuza, finamente bordado en cristales y shakira. Modelo Exclusivo de PALOMAS COLLECTION
www.palomascollection.com

Copper tone dress with combinations of silk and satin. Touches of chamois, delicately beaded with crystals and shakiras. Designer is MUSSANI.

Vestido en tonos Lilas - Diseñador MUSSANI
Vestido de Organza con Shantu y aplicaciones finas de Bipiur, con bordados en cristales en tonos lilas y dorados. Modelo Exclusivo de PALOMAS COLLECTIONS
www.palomascollection.com

Purple shade organza dress with Shantu and fine applications of Bipiur, with crystal beading in golden and purple colors. Designer is MUSSANI.

DELICIOUS NEW WEDDING CAKE TRENDS
Same Old Etiquettes, New Fall Trends

NUEVAS Y DELICIOSAS TENDENCIAS EN EL PASTEL DE BODAS
Algunas costumbres añejas. Nuevas tendencias otoñales



PHOTOGRAPHY BY BLUE SKY PHOTOGRAPHY

Cake Style: The Bridal Dress

Description: Classic and Elegant three dimensional bridal dress flavored with Marble Mocha Kahlua

Pastel Vestido de Novia
Elegante y clásico vestido tri-dimensional saborizado con Kahlua Moka.

FALL IS A BEAUTIFUL TIME FOR WEDDINGS. A wedding cake is the centerpiece of a wedding and the season is usually reflected in the colors of the cake. I recommend getting together with your baker as soon as you decide your wedding budget and theme. Talk with your baker about ways to make your cake reflect you and your uniqueness. A good baker will always be able to personalize your cake and make it a one of a kind.

For this Fall wedding season, we are seeing a lot more creativity when it comes to designing your cake. Darker colors are the trend: dark browns, oranges, dark greens, plums and black. Chocolate is now a very popular choice for wedding cakes.

Fresh flowers can bring a touch of elegance the bride and groom can traditionally incorporate into their wedding cake. This season's most popular flowers include brown orchids, roses which come in the most naturally unique beautiful tones of burnt orange, black magic and confetti, which is a tropical mix of yellow, orange and fuchsia.

Round cakes are no longer the standard size anymore. Many brides are now opting to have different shapes and sizes for their wedding cakes. Miniature cakes are very popular and a different option when you want it to stand out.

Metallic accents and monograms are also a very popular trend. Some brides are even getting their initials designed onto their cakes by professional calligraphers.

Make sure that you have a professional cut your cake. Even if there is a charge, make sure your cake is cut by someone who knows how. Some places offer this as a service, others charge extra.



Cake Style: Alice in Wonderland

Description: Three tier, Zebra print, Purple and Lavender Rolled Fondant. Finished with a Beautiful Gum Paste Bow. The flavors include Piña Colada and Malibu Rum.

Alicia en el País de las Maravillas
Tres pisos, con impresiones tipo Zebra , decoraciones de Fondant de colores morados y lavanda. Terminado con un hermoso moño de pasta. Los sabores incluyen Piña Colada y Rum Malibu.

BY MARIA ORTIZ-SHIN AND CAKES BY HECTOR NAVARRO FROM CAKELAND GALLERY

El otoño es una época maravillosa para una boda. El pastel de boda es la pieza principal y la estación del año se refleja por lo general en los colores que lleva el pastel. Una buena recomendación es ponerse de inmediato en contacto con el pastelero una vez que se haya establecido el presupuesto. Converse con el pastelero sobre las diferentes maneras en que el pastel pueda reflejar su personalidad y un toque exclusivo. Un buen pastelero siempre encontrará la forma de hacer que su pastel sea único.

Para esta temporada de otoño, vemos que hay mucha creatividad en lo que se refiere al diseño de pasteles. La tendencia marca los colores oscuros: marrones, naranjas, verdes oscuros, rojo ciruela y hasta negro. Los pasteles de chocolate se han tornado en una opción muy popular en los últimos tiempos.

Las flores frescas le brindan un toque de elegancia que los novios pueden ahora incorporar a los pasteles de boda. Para esta estación, las flores más populares son las orquídeas marrones, las rosas, que ahora vienen en los más variados y exclusivos tonos: anaranjado quemado, negro mágico y confeti, que es una combinación tropical de amarillo anaranjado y fucsia.

Los pasteles redondos, ya no son el único estilo. Muchas novias optan ahora por pasteles de diferentes formas y tamaños para la boda. Mini pasteles o individuales son en estos días muy populares cuando se quiere ser original.

Acentos con agregados en materiales metálicos y monogramas están también muy de moda. Hasta en algunos casos las parejas hacen diseñar sus iniciales en los pasteles con un calígrafo profesional.

POR MARIA ORTIZ-SHIN
PASTELES POR HECTOR NAVARRO DE CAKELAND GALLERY
TRADUCIDO POR SUSANA CELIA



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Autumn Inspired Recipes


Spicy Pumpkin Soup

Cooks everywhere look forward to the rich harvests of autumn to create wonderfully delicious meals. The good earth gives up her bounty of a large variety of fruits and vegetables as the weather turns cooler. We tend to then think of comfort foods like thick luscious soups, entrees with zesty sauces and tantalizing deserts. As a bride chooses the colors of autumn as a theme for her fall wedding, a cook looks at the colors of the harvest palette to adorn her table in the food she prepares and the table she sets. Shimmering golds, rustic reds, vibrant yellows or the brilliance of pumpkin come to mind. Many of us don't think of pumpkin as much more than a symbol of Halloween that we can carve a sinister sneer on, but the pumpkin is a

Serves: 8

INGREDIENTS:

2 Tbsp. olive oil
2 Tbsp. butter
2 medium yellow onions, diced
1/4 tsp. chili powder
2 cloves of garlic, finely diced
1 jalapeno, seeded, cored and diced
2 tsp. curry
a pinch of cayenne
1 tsp. tumeric
3 - 15 ounce cans of pumpkin puree
5 cups of vegetable broth
2 cups of whole milk
3/4 cup of heavy cream
salt and pepper to taste

DIRECTIONS

- in a medium - high heat large soup pot add butter and olive oil together.
- add the onions, garlic and jalapeno stirring until softened. This should take less than 5 minutes
- add the spices and cook a minute or so longer
- add the pumpkin puree and the vegetable stock/broth and bring to a boil
- reduce heat and simmer for about 20 minutes
- puree mixture. You can use different techniques to puree. a.) using a hand held blender/processor blend in the same pot untile smooth or b.) using a food processor or blender transfer soup by patches and blend until smooth. *Remember the mixture is hot and you may want it to cool off the stove before you process it.
- return soup to pot and the stove. Slowly stir in the milk and cream. Adjust seasoning and if too spicy add more cream
- serve in individual bowls.

* see notes for serving suggestions

NOTES:

- This soup gets better when it sits overnight in the refrigerator. The flavors just "blend".
- Serve with a dollop of sour cream or Creme Fraiche for garnish and add a sprig of cilantro or a Tbsp. of pepitas (pumkin seeds) on top.
- Serve hot those cooler autumn months and serve chilled during the warmer months.
- Serve with a crusty loaf of bread as a main meal or in small cups as an appetizer course.

Recipes by Peggy Stropl
www.prosebooks.com





Shrimp with Cilantro Pumpkin Seed Sauce



Serves: 6

INGREDIENTS
Cilantro-Pumpkin (Pepita) Seed Sauce

1 large bunch of cilantro large stems removed
1/2 cup roasted, salted pepitas (pumpkin seeds). See notes*
1/4 cup grated parmesan cheese or queso cotija
2 gloves of garlic
1 jalapeno chili seeded. (optional)
1/3 cup of olive oil

DIRECTIONS

• Combine all ingredients in a food processor or blender and process to a pestolike consistency.

Shrimp

• 2 Tbsp. olive oil
• 24 jumbo shrimp, peeled, deveined and tails removed
• 1/4 cup dry white wine
• 1 cup of heavy cream
• salt and pepper to taste. * see notes

DIRECTIONS

• in a large saute pan heat the olive oil over medium high heat
• add the shrimp and saute quickly until opaque. This will take only about 5 minutes.
• With a slotted spoon remove shrimp, keep warm and set aside.
• Add wine to the pan which will deglaze the pan.
• reduce the mixture over high heat for only a minute
• add the cream and cook stirring frequently to reduce the sauce to a thicker consistency
• add 2-3 Tbsp. of the Cilantro-Pepita Seed sauce
• salt and pepper to taste. * see notes
• place shrimp on a warm white corn tortilla
• drizzle the sauce over the shrimp

NOTES

• If you use roasted salted pepitas do not add any more salt to the recipe until you taste it.
• Using raw pepitas will require you add salt.
• If you use jumbo shrimp each serving with have 4 large shrimp. Remember to adjust your quantity if your shrimp are smaller in size.
• This Cilantro-Pepita Seed Sauce will go with any grilled meat, fish or chicken as well. It is a tasty addition to any meal. You may want to grill that shrimp instead of sauteeing it.
• You can add any of your favorite condiments to the tortilla or you can serve the shrimp with the sauce drizzled on top over a bed of rice.



Pumpkin Mousse

Serves: 8 - 6 ounce ramekins or serve in a large decorative clear glass bowl.

INGREDIENTS

3/4 cup of sugar
1/2 tsp. salt
1 tsp cinnamon
1/2 tsp. powdered ginger
1/2 tsp. ground cloves
1/4 tsp. nutmeg
1- 15 ounce can of pumpkin puree
* see notes
2 3/4 cups of heavy whipping cream
*1/4 cup and 2 1/2cups

DIRECTIONS

• mix the sugar, salt, cinnamon, ginger, nutmeg, cloves and pumpkin in a mixing bowl.
• beat in 1/4 cup of the cream
• refrigerate this mixture for about an hour
• then whisk/mix remaining cream into stiff peaks
• fold the whipped cream into the pumpkin mixture
• place in the individual ramekins or large serving bowl and refrigerate for at least 1 1/2 hours
• serve chilled

NOTES

• Some people like to mash the pumpkin puree through a sieve for a smoother texture.
• Stirring it with a whisk will also loosen up any lumps.
• This is a very, very easy and simple dessert to make
• You can crumble ginger snaps on top or add some chopped nuts.
• Picture shows additional cream and may not be typical of results. Mixture is usually a paler pumpkin color.



RECETAS
INSPIRADAS POR EL OTOÑO

Todos los cocineros esperan con agrado las cosechas de otoño para preparar deliciosas comidas. La buena tierra nos brinda una gran variedad de frutas y vegetales cuando el clima se torna más frío. Es ahí cuando pensamos en esas comidas suculentas como ricas sopas, platos con salsas sabrosas y postres decadentes. Mientras que la novia elige los colores otoñales como tema de su boda, los cocineros observan la paleta de colores de la cosecha para adornar tanto sus platos como sus mesas con los productos del otoño. Oros brillantes, rojos rústicos, amarillos vibrantes... todos colores que se vienen a la mente. Muchos de nosotros solo pensamos en las calabazas como el símbolo de Halloween en el que podemos tallar alguna figura siniestra, pero en realidad, la calabaza es un vegetal notable. Tanto la calabaza como sus semillas (pepitas) son excelentes ingredientes

Sopa de Calabaza Picante

Sirve: 8

INGREDIENTES

- 2 cucharadas de aceite de olive
- 2 cucharadas de mantequilla
- 2 cebollas medianas, cortadas en cubos
- 1/4 de cuch. de chili en polvo
- 2 dientes de ajo picado finos
- 1 jalapeño, sin semillas y cortado en tiras finas
- 2 cucharadas de curry
- una pizca de pimienta de cayena
- 1 cucharada de tamarindo
- 3 - latas de 15 onzas de puré de calabaza
- 5 tazas de caldo de vegetales
- 2 tazas de leche entera
- 3/4 taza de crema de leche
- Sal y pimiento gusto

INDICACIONES

• En una olla para sopa colocar la mantequilla y el aceite juntos a fuego mediano.
• agregar las cebollas, ajo, jalapeño y cocinar hasta que estén transparentes. Unos 5 minutos
• agregar los condimentos y cocinar por un minuto más
• agregar el puré de calabaza y el caldo de vegetales hasta lograr que hierva
• al hervir, reducir el fuego y continuar la cocción por unos 20 minutos
• Mezcla del puré. Hay diferentes técnicas para la mezcla del puré. a.) utilizar un batidor o procesador de mano eléctrico y realizar la mezcla dentro de la misma olla de cocción de la sopa. b.) utilizar un procesador de alimentos o una batidora transfiriendo de a poco la mezcla para batirla hasta que esté suave.
• Recuerde que la mezcla está caliente así que será mejor retirarla del fuego y esperar que enfríe antes de procesarla.
• una vez procesada retornar toda la mezcla al pote y poner nuevamente a fuego mediano, agregar la leche y la crema bien despacio. Pruebe para ajustar el sazonado y revuelva constantemente. Una vez bien mezclado servir en platos de sopa individuales
• ver notas para sugerencia al servir

NOTAS

• Esta sopa sabe más deliciosa si se deja una noche en el refrigerador, dado que los sabores se "concentran".
• Servir con una cucharada de crema ácida, con unas hojas de cilantro o una cucharada de pepitas por encima.
• Servir caliente en esos meses fríos de otoño y servir con un buen pan crujiente como plato principal o en vasijitas individuales como un aperitivo.

Recetas por Peggy Strople
www.prosebooks.com



TRADUCIDO POR SUSANA CELIA

Mousse de Calabaza

Sirve :Vasijas individuales de 8 - 6 onzas, o una grande de vidrio

INGREDIENTES

3/4 taza de azúcar
1/2 cuch. sal
1 cuch canela
1/2 cuch. De polvo de jengibre
1/2 cuch de clavo de olor en polvo
1/4 cuch de nuez moscada
1- 15 lata de 15 onzas de puré de calabaza
2 3/4 tazas de crema para batir.
* 1/4 taza y 2 1/2 taza por separado

INDICACIONES

• Mezclar el azúcar, sal, canela, jengibre, nuez moscada clavo de olor y calabaza en un recipiente.
• batir con _ taza de crema de leche
• refrigerar la mezcla por una hora
• luego batir el resto de la crema de leche a punto bien firme
• mezclar la crema con la mezcla de calabaza
• distribuir en los recipientes o en uno solo grande y refrigerar por 1 _ horas
• servir bien frío

NOTAS

• Algunas personas prefieren pasar la mezcla de calabaza por cedazo para obtener una textura más suave.
• Realizar la mezcla con un batidor hará que pierda un poco de firmeza. Utilice una espátula y movimientos envolventes para mantener la consistencia.
• Este es un postre muy, muy fácil de hacer
• Puede agregarle pedacitos de jengibre o nueces picadas
• La foto muestra un agregado de crema batida. La mezcla suele ser de un color más pálido



Camarones con salsa de pepitas y cilantro

Sirve: 6 persona

INGREDIENTES

Salsa de cilantro y pepitas

1 ramo de cilantro sin los tallos
1/2 taza de pepitas saladas, (ver notas)*
1/4 taza de queso parmesano rallado o queso cotija
2 dientes de ajo
1 chili jalapeño sin semillas (opcional)
1/3 taza de aceite de oliva

INDICACIONES

• Combinar todos los ingredientes en una batidora o una procesadora de alimentos hasta lograr una consistencia similar al pesto.

Camarones

2 cuch de aceite de oliva
24 camarones grandes, pelados, sin cola ni vena
1/4 taza de vino blanco seco.
1 taza de crema de lecha
Sal y pimiento a gusto. *ver nota

INDICACIONES

• En una sartén grande calendar el aceite de oliva a fuego mediano
• agregar los camarones y saltear unos minutos hasta que tomen color opaco. Aproximadamente unos 5 minutos.
• Retirar los camarones del fuego, reservar manteniéndolos calientes.

'Muchos de nosotros solo pensamos en las calabazas como el símbolo de Halloween en el que podemos tallar alguna figura siniestra, pero en realidad, la calabaza es un vegetal notable. '

• Agregar el vino a la sartén para sacar el fondo de cocción.
• Reducir la mezcla a fuego fuerte por unos minutos
• Agregar la crema y mezclar constantemente para evitar que la salsa se espese
• Agregar 2-3 cuch. de la salsa de cilantro y pepitas
• Sal y pimienta a gusto. *ver notas
• Poner los camarones en tortillas de maíz blanco calientitas
• Rociar con la salsa por encima de los camarones

NOTAS*

• En el caso de utilizar pepitas ya saladas, NO agregue sal a la receta hasta probarla.
• Si utiliza pepitas sin salar, siga las indicaciones.
• Si utiliza camarones jumbo, cada porción llevará 4 camarones. Si son los pequeños, deberá ajustar las cantidades.
• Esta salsa de pepita y cilantro, es Buena para acompañar cualquier carne asada, pollo o pescado. Es un agregado sabroso para cualquier comida. También los camarones pueden estar asados en vez de salteados.
• Podrá agregarle cualquiera de sus condimentos favoritos a las tortillas o podrá servlr los camarones con su salsa sobre un plato de arroz.



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NOT BEING IN TREND IS "THE TREND"

Spotlight on the Fall Wedding Season of 2008

Fall is the "new" popular time of year for couples to Wed and there is much to see coming this season!! It is definitely a good time of year to see what is expected!

What to Wear?

Brides will be making their Dress(es) Matter! So much for ONE dress. Try 2-3 as the new trend. The budgets are expanding and the styles are going back to couture with a vintage flair. Lace and Beading are a must along with a dress from ceremony and then a second and sometimes a third ensemble for the reception. Accessories are of course of up-most importance this fall. Brides are loving to adding sparkle to their dress, hair and bouquets with crystal pins.

Bridesmaids - still want a versatile dress they can wear many times after a wedding. The hot color remains Chocolate or several of Brown this fall.

Groom and Groomsmen- are finding themselves in stylish & youthful suits. Matching ties are going to be the key ingredient.

Where to get Married?

Ceremony Trends are going back to basics. Traditional Church ceremonies will be more common with receptions being held at the most unique and couple fitting sites that can be found in their area. For instance if a couple has a love of animals the local zoo might hold their reception.

What Color to Choose?

Couples are getting more and more creative to break away from being in a trend. In fact, the trend is to have a simple base color like Ivory or Taupe and then add POPS of Color.The hot Fall POP Colors are: Bright Mandarin Orange, Deep Reds, Copper, Yellow, and Golden Brown. For a formal look you may even see Black and White as a base with any of the above colors added which would be a summer trend carried over.

Cake or No Cake?

Show stopping desserts are still growing in their trend to take away the formal wedding cake. Tiramisu, Cheesecake, Cupcakes are some replacements that couples are exploring.

Reception Eating or Not?

Main Course is no longer going to be the focus. Couples are most excited about food stations throughout the event than a formal sit down dinner. It begins with appetizers galore and ends with a late night snack of mini cheeseburgers and milkshakes!

How to entertain guests?

Live entertainment is back! Fall weddings plan to have anything from full live bands to Circus Acts to make sure that their reception goes back to the tradition of being a party!

Trend or NO Trend?

Weddings are increasing in competitiveness as couples try to outdo the weddings on TV or even their family or friends. What better way than to make it unique but to be unlike anyone else. Couples will be going into great detail with their planning. It will begin with an overall theme from engagement party invites to an exit gift at the reception. No expense will be spared to create guest praise!

Seasonal Touches?

Pumpkin, Squash and Corn at weddings? How about seed packages as favors or corn place cards? It may happen.

What about Events?

From private parties to Quinceañera affairs may get more intimate than before due to economical factors. However special events like Quinceañeras will follow the trend of having more than one special dress while corporate events will follow wedding food and dessert trends this coming Fall Season!

MARCIA VIDAL, Certified Wedding Consultant
Crystal Clear Weddings and Occasions www.crystalclearweddings.com

EL NO ESTAR A LA MODA ES "LA MODA"

Foco sobre la temporada de la boda de otoño del 2008

El otoño es la "nueva" época popular del año para casarse y hay muchas novedades en esta temporada que se avecina!! Definitivamente es una época ideal y llena de nuevas expectativas!

¿Qué Usar?

Las novias harán que sus vestidos sean importantes! Ya no UN vestido. Piense en 2-3 como la nueva tendencia. Los presupuestos se están expandiendo y los estilos han retornado a la alta costura y a la reminiscencia de otras épocas. Encajes y Brillos se imponen junto al uso de un vestido para la ceremonia y luego un segundo y hasta un tercero para la recepción. Los Accesorios son, sin duda, de mayor importancia en este otoño. Las Novias están fascinadas con este toque de brillo para sus vestidos, que se extiende a los peinados y los bouquet con toques de brillo cristalino.

Las Damas de Compañía - siguen queriendo un vestido versátil que puedan volver a usar varias veces más después de la boda. Los colores más candentes son el marrón Chocolate o los derivados del Marrón para este otoño.

El Novio y sus acompañantes- podrán disfrutar de trajes con mucho estilo y muy juveniles. Las corbatas al tono serán un elemento clave en esta temporada.

¿Dónde casarse?

La tendencia en las Ceremonias es volver a lo básico. Es retornar a las ceremonias en Iglesias tradicionales y las recepciones serán llevadas a cabo en lugares exclusivos y apropiados a cada pareja. Por ejemplo, si la pareja ama los animales, el zoológico local podría ser el lugar de la recepción.

Las parejas se están volviendo cada vez más creativas en lo que concierne a las tendencias. De hecho, la moda hoy es tener un color de base como el marfil o taupe y luego salpicar con POPS de color. El color de moda de este otoño para los POPS es el naranja mandarina brilloso, rojos profundos, cobre, amarillo y marrón dorado. Para un toque más formal, se verán el Blanco y el Negro como colores de base con el agregado de cualquiera de los tonos antes mencionados, lo que daría la idea de una boda más veraniega transportada al otoño.

¿Pastel sí o no?

Un surtido variado de postres es la tendencia que está creciendo para alejarse del tradicional pastel de bodas. Las parejas están explorando postres tales como Tiramisu, Cheesecake y Cupcakes

¿Comida o sin comida?

El platillo principal no tiene que ser la actividad más importante. Las parejas están más emocionadas por los puestos de comida a lo largo del evento, que por una cena formal. Empiezan con aperitivos y terminan la noche con una mini hamburguesa y malteadas.

¿Cómo entretener a los invitados?

Música en vivo! El plan de las bodas otoñales es tener desde bandas de música en vivo a actos de circo, cualquier cosa que asegure el regreso de una verdadera fiesta tradicional!!!

¿Moda o NO moda?

Las bodas se están tornando cada vez más competitivas, dado que las parejas tratan de sobrepasar lo que ven en la TV o las bodas de sus familiares y amigos. Qué mejor manera de hacerla exclusive que hacerla completamente diferente de otras bodas. Las parejas planean todo con gran atención a los detalles. Serán fiestas temáticas desde la invitación a la fiesta de compromiso hasta el suvenir de recuerdo al partir de la boda. No se reparará en gastos para agasajar a los invitados!

¿Toques de la estación?

Calabazas, maiz? Qué le parece paquetitos de semillas o tarjetas hechas con hoja de maiz?? Todo puede suceder.

¿Y otros eventos?

Tanto las fiestas privadas como las de Quinceañeras pueden volverse más íntimas debido al factor económico. Sin embargo, estos eventos especiales como las Quinceañeras van a seguir la tendencia de tener más de un vestido para la ocasión, en tanto que los festejos corporativos tomarán de las bodas la tendencia en el servicio de comida y los postres que se está imponiendo para esta nueva Estación Otoñal!

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Crystal Clear Weddings and Occasions www.crystalclearweddings.com
TRADUCIDO POR SUSANA CELIA

Flourishing
Fall Florals



1 Marbled “purse” vase with pale pink roses and dark red cymbidium orchids

Florero con forma ondeada, marmolado con rosas rosadas pálidas y orquídeas cymbidium rojo oscuro

2 Corsage of pale pink roses and black calla lilies

Corsage con rosas rosadas pálidas y calas negras

3 Long Stemmed Bouquet of pale pink roses and black calla lilies wrapped in vintage gold ribbon

Bouquet con tallo largo de rosas rosadas pálidas y calas sujetas con cintas doradas

4 Pedestal vase of pale pink roses and black calla lilies

Florero de base redonda con rosas rosadas pálidas y calas negras

5 Urn vase of pale pink roses and black calla lilies

Urna con rosas rosadas pálidas y calas negras

FLORECIMIENTOS DE OTOÑO



8 Bouquet of two-toned orange/yellow roses surrounded by yellow/orange sunflowers and wrapped in brown linen ribbon

Bouquet de rosas de dos tonos anaranjado/amarillo rodeadas de mirasoles del mismo color y sujetas con cintas de lino marrón

7 Flower girl hair garland of yellow spray roses and orange alstromeria

Corona de cabello para niñas con rosas amarillas y alstromerias anaranjadas

9 Boutonnière of a single "mango" colored calla with seeded eucalyptus green accent

Aplique con una cala de color mango y toques de semillas de eucaliptus que le dan un tono verde otoñal

6 Tall pedestal of fall flowers – orange roses, orange alstromeria, yellow freesia, succulents and ivy cascading.

Arreglo en alto con flores otoñales, rosas anaranjadas, alstromerías anaranjadas, fresias amarillas - todo envuelto en una cascada de hiedra

Arrangements
arreglos
Lisa's Floral Designs

Flowers Designs by Lisa's Floral Designs Photography by Jorge Garcia www.jorgegarciaphoto.com Furniture Provided by Gramma's Attic, Huntington Beach www.grammasattic.net



Photography
fotografía
Jorge Garcia Photography

OUR modern Cleopatra

uestra Cleopatra Moderna



A beautiful dress by Raylia Designs. This chiffon slim A-line gown features a V-neckline with tank style straps. Bodice is accented with beading and embroidery. Zip up back. Shown in Diamond White.

Un hermoso vestido de Raylia Designs. Esta prenda de chiffon estiliza la figura debido a su escote en V con breteles en finas tiras. La blusa se acentúa con piedras y bordados. Cierre en la parte posterior. Modelo en Blanco Diamante.



Brazaletes en plata dorada en 24K con diseño circular o cuadrado

Bracelet in 24K gold silver with circular and squared design

Collar de la colección etrusca en plata dorada de 24k

Bracelet from the Vanilla Collection with hanging charms in silver and vermeil

Collar de tubos y esferas en plata rosa

Necklace with long and round pink silver beads

Pulsera de la Colección Vainilla con discos colgantes martillados en plata y vermeil

Bracelet from the Vanilla Collection with hanging charms in silver and vermeil

Anillo de la Colección vainilla en plata y Discos de palta y baño de oro de 24k

Ring from the Vanilla Collection in silver and 24K gold

Anillo ajustablede la colección infinto en oro rosa

Adjustable ring from the Infinite Collection in pink gold

Aro de la colección Decco plata y circonia blanca

Bracelet from Deco Collection with white silver and cyrcone

Anillo en plata blanca con circonia blanca

White silver ring with white cyrconia zircon

Aretes en plata natural con circonia blanca

Natural silver earrings with white cyrcon

PHOTOGRAPHY BY JORGE GARCIA | JEWELTY BY DANIEL ESPINOSA

FASHIONABLE DETAILS

A look into Daniel Espinosa's

Los detallitos de moda: la colección de Daniel Espinosas

www.danielespinosa.com


PHOTOGRAPHY BY JORGE GARCIA



PHOTOGRAPHY BY JORGE GARCIA

Destination gown by Mon Cheri. Charmuse soft A-line dress with ruched modified halter strap and deep plunge neckline. Empire waist embellished with beaded appliqué, sweep train.

Prenda para evento de Mon Cheri. Tela de delicado Charmuse y líneas suaves con modelo halter sostenido por tiras y profundo escote cavado. Cintura alta estilo Imperio adornada con hilados bordados y apliques.

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Photograph by Rudy Loza Photography





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SKIN CARE TIPS REVEALED

'get the sleep you need and drink

CONSEJOS DEL CUIDADO DE LA PIEL REVELADOS

CONGRATULATIONS ON YOUR HAPPY EVENT! Planning a wedding is one of the happiest times of your life, but it is also stressful, too. And stress can wreak havoc on your skin. Start taking extra good care of yourself as soon as possible. Remember the basics: get the sleep you need and drink plenty of water. Stay away from fad diets. No smoking! Exercise regularly. Do anything you can do to keep the stress away. If you take control of what you can, you will be your most beautiful.



A good skin care regimen will help to keep your pores clean and your face clear. It is important to cleanse your face every morning and night with quality skin care products. Use a toner after cleansing to balance the pH of your skin, and then a good moisturizer. Be sure to use a full-spectrum sunscreen and re-apply often throughout the day.

Spend some time choosing the right make-up for your event, and practice your make-up look before the big day. Use a quality make-up, preferably a mineral make-up that has anti-inflammatory properties, and sun screen. Avoid products that contain talc or parabens. To get the right look, you can hire a make-up artist, or if you can't afford one, go for a make-up lesson.

If your wedding gets closer and you have done all that you can to take good care of your skin, but find you still have problems that you are concerned about, there are a few non-invasive cosmetic procedures your doctor or esthetician can do that will help. If you have two weeks, a microdermabrasion or glycolic peel will give you a nice glow by your wedding day, and give a smooth feel to your skin. Medical skin care products such as Dermesse or Derma Rx can improve the look and texture of your skin, especially if you have acne or dark spots, or problems with large pores. Laser IPL treatments can help with problems like acne and pigmentation.

Also, dermal fillers can plump up and define your lips, help with small lines and increase volume in hollow places, producing a more radiant you. You may also want to consider Botox, which can give you a more lifted, rejuvenated look. Laser hair removal can get rid of unwanted facial hair. Have laser hair removal on your legs, underarms, and bikini area to

BY SYLVIA L. GARCIA

Felicitaciones por el feliz evento! Planear una boda es uno de los momentos de mayor felicidad en la vida, pero también es muy estresante. Y el estrés puede hacer estragos en tu piel. Es importante tomar precauciones lo antes posible. Recuerda lo básico: duerme las horas necesarias y bebe gran cantidad de agua. Mantente alejada de dietas caprichosas. No fumes! Realiza ejercicios con regularidad. Trata de hacer todo lo posible para mantener alejado el stress. Si lo mantienes bajo control, podrás estar realmente bella.

Un buen tratamiento del cuidado de la piel, te ayudará a mantener los poros limpios y el rostro despejado. Es importante limpiar la cara cada noche y cada mañana con productos faciales de buena calidad. Utiliza un tonificador después de la limpieza para balancear el pH de tu piel, y luego una buena crema humectante. Asegúrate de usar un protector solar de amplio grado y hazte varias aplicaciones al día.

Preocúpate por encontrar el maquillaje más apropiado y practícalo varias veces antes del gran día, Utiliza un maquillaje de calidad, preferentemente a base de minerales con propiedades anti inflamatorias y protección solar. Evita productos que contengan talco o elementos tóxicos. Para encontrar el maquillaje más apropiado, sugerimos contratar a un profesional, o en caso de resultar esto demasiado caro, asistir a una clase de maquillaje.

Si después de haber tomado todas estas precauciones, tu piel no se encuentra aún en estado óptimo cuando llega la fecha de la boda, hay algunos procedimientos no invasivos, que un doctor o especialista en estética pueden realizar. Unas dos semanas antes de la fecha puedes someterte a una microdermabrasión o limpieza glicérica, que te proporcionará brillo y una textura delicada a la piel. Ciertos productos medicinales dermatológicos tales como Dermesse or Derma Rx también mejoran el aspecto y la tersura del rostro, especialmente en el caso de tener acné o puntos negros, o una piel porosa. El tratamiento de Laser IPL puede ayudar con el acné y problemas de pigmentación.

También, las aplicaciones de relleno epidérmico, ayudan a definir las líneas labiales, evitar algunas arrugas y dar volumen a zonas que puedan presentar hundimiento, lo cual brindará una apariencia mas radiante. También puedes considerar el tratamiento de Botox, que le dará un aspecto más

POR SYLVIA L. GARCIA TRADUCIDO POR SUSANA CELIA

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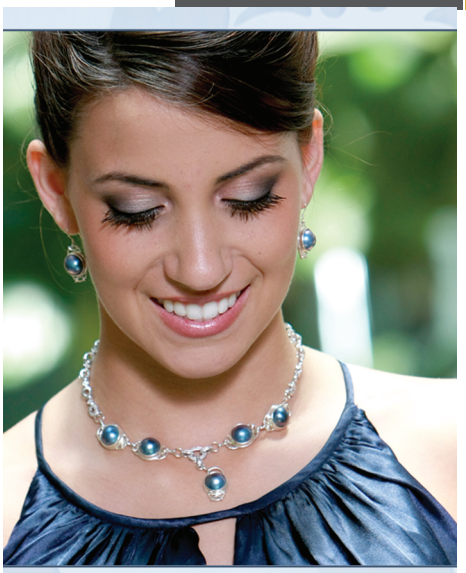

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"Maria Marín ha logrado en estas paginas hacer una conexión emocional con mujeres de todas las edades. Por medio de sus vivencias hará que muchas mujeres encuentren inspiración y esperanza en sus vidas. Felicidades Maria...me da esperanza ver a una mujer joven con esa sabiduría y perseverancia."

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MARRYING A MAN WHO HAS CHILDREN



MARIA MARÍN
Author/Motivational Speaker

"He's the man of my dreams!" said my friend Sandra to me while mentioning all the attributes that make this man she wants to marry exceptional. When she finished with the attributes she added, "by the way, he has two children that I haven't met yet" and I said astonished: "you have been in a relationship with him for 10 months and you haven't met his children yet".

A lot of women feel like they are in a fairy tale when planning their wedding but it is necessary to have both feet well placed on the ground. Marrying a divorced man who has children means adaptation to a lot of changes. I have no ill intent against divorced men, on the contrary, some men have benefited themselves from such unpleasant experience and they now have a better perspective regarding marriage and know how to handle disagreements with a partner in life.

'He's the man of my dreams!'

After a brief ceremony you will go from a single woman to a stepmother! Before saying "yes, I do" to a divorced man who has children you must meet his children and also establish a relationship with them. Each case is different, there are some women that are welcome with opened arms, others have to "earn" the little ones' love and

'Planning a wedding is not only a matter of discussing different shades of green. If the man you love is a father, you have other very important details to take care of first and this is a fact that my dear friend Sandra cannot escape.'

BY MARIA MARÍN TRANSLATED BY ANGÉLICA ARAGÓN

YOU ARE IN SECOND PLACE. His children will always be in the first place. Plans will be postponed when one of his children is ill; his child's recital is a priority over the happy hour. They are his priority.

THEY HAVE THEIR OWN MOTHER. You do not have to become their mother. Be their friend, pamper them and take care of them but your roll is to be their father's wife.

WHAT IS EXPECTED FROM YOU? Talk to your fiancé and ask him what he expects from you. It might be an uncomfortable conversation but you both have to be sincere with each other. Does he expect you to fix his children's breakfast so that they can go to school when in fact you love sleeping during the morning?

THE X FACTOR. YOU CANNOT IGNORE THE EX-WIFE. Your fiancé probably has a financial obligation to her that you should not resent. The ex could make crazy financial requests that will affect the family's budget. If she does not fulfill her obligations, he will have to take part in this because the kids are his children. It is not a matter of being fair or not.

DO YOU SEE YOURSELF LIVING WITH THEM? Traditionally, children stay with their mother. If something changes in this picture, are you ready to take care of his children full time?

DO YOU WANT TO HAVE YOUR OWN CHILDREN? When you are engaged to a divorced man who has children you have to talk with him about having children together. Maybe he is satisfied with the children he already has and he is not interested in having more.

Maria Marin is a motivational speaker, radio host and author of the book Mujer Sin Limite. Visit her website: www.MariaMarin.com

CASARTE CON UN PAPACITO

"¡Es el hombre de mis sueños!", dijo mi amiga Sandra mientras detallaba una lista de todos los atributos que hacen excepcional al hombre con quien se piensa casar. Cuando acabó, me dijo de pasada: "ah, tiene dos hijos que aún no conozco" y exclamé incrédula "¡10 meses de relación y no has conocido a sus hijos!".

Muchas mujeres cuando planifican una boda se encuentran en una nube, pero hay que tener los pies en la tierra. Casarte con un papá divorciado conlleva muchos ajustes. No tengo nada contra los divorciados, al contrario, algunos se han beneficiado de ese trago amargo y tienen una mejor perspectiva del matrimonio y saben cómo afrontar los problemas de pareja.

Tras una ceremonia de algunos minutos irás de ¡mujer soltera a madrastra! Antes de dar el sí a un papá divorciado debes haber conocido a sus hijos y establecido una relación con ellos. Cada caso es diferente, hay quienes son recibidas con brazos abiertos, otras se tienen que 'ganar' a los

POR MARIA MARÍN



'Planear tu boda no se limita a discutir diferentes tonos de verde. Si el hombre que amas es papá, tienes otros detalles más importantes que atender y es una realidad a la que mi querida Sandra no puede escapar.'

OCUPAS EL SEGUNDO LUGAR. Sus hijos siempre serán primeros. Planes quedan pospuestos si un hijo se enferma, el recital tiene prioridad ante el happy hour. Ellos son prioridad.

ELLOS TIENEN MAMÁ. No intentes convertirte en su madre. Sé su amiga, consiéntelos y cuídalos, pero tu rol es ser la esposa de su papá.

QUÉ SE ESPERA DE TI. Platica con tu prometido qué espera de ti. Podría ser una conversación incómoda, pero tienen que sincerarse. ¿Acaso él espera que les prepares desayuno para que vayan a la escuela y ti te gusta dormir la mañana?

EL FACTOR X. NO PUEDES IGNORAR A LA EX. Tu prometido posiblemente tiene una responsabilidad económica que no debes resentir. La ex podría hacer solicitudes monetarias -descabelladas que afectarían el presupuesto familiar. Si ella no cumple con sus obligaciones, él tendría que intervenir porque son sus hijos, no se trata si es justo o no.

TE VES VIVIENDO CON ELLOS. Tradicionalmente los hijos se quedan con la madre. Si algo cambiara con ese panorama, ¿estás lista para cuidar de sus hijos a tiempo completo?

QUIERES TENER HIJOS. Al comprometerte con un padre divorciado tienes que conversar sobre tener hijos propios. Tal vez él está satisfecho con los suyos y no le interesa tener más.

Maria Marin es motivadora, figura radial y autora del libro Mujer Sin Límite. Visite su sitio: www.MariaMarin.com

DEAR WENDA

A useful way to get even your most complicated questions answered by one of our experienced certified wedding coordinators. Don't Stress, Just Ask Wenda.

QUESTIONS ANSWERED BY WENDA EVANS FROM MORE THAN JUST WEDDINGS BY WENDA

Q. My fiancé has not been involved with my wedding planning. How do I get him to be as excited as I am about the planning?

A: Most likely your fiancé will not be as excited about the actual planning of the wedding as you are. For him, planning the perfect proposal was probably a major task that took weeks if not months to plan. For some men the thought of planning a wedding every day for the next nine to fifteen months may not be his ideal of "excitement". Instead of having your fiancé attend every meeting with your coordinator and looking at every invitation on the top thirty invitation sites, choose activities you feel he might enjoy or feel proud doing. Have him research honeymoon options or perhaps research limousine companies. He might not enjoy sitting in on the meeting with your bridesmaid's seamstress but may because the question will come up many times!

Q: I just got engaged, what is the first thing I should do?

A: The first thing all brides should do is to come up with a realistic budget. There's nothing more disappointing than finding your dream location and realizing the reception will cost $150.00 per guest and your budget only allots for $50.00 per guest. Discuss the budget with your fiancé and those who may be contributing to your wedding. Decide on a realistic budget that everyone is comfortable with. Once you have

Q: My fiancé and I just completed our wedding registry. I do not want to include the registry cards. How do I let my guests know where we registered?

A: Your guests will find out through word of mouth. Family will call your parents, your fiancé's parents, siblings, or they will contact you and your fiancé directly. Co-workers and friends will find out from other friends. It's a natural response for guests to wonder if a couple is registered and will definitely ask around to get that answer. Make sure all of your bridal party members and close relatives know where you are registered

Q: Is a three year old too young to be a flower girl?

A: Every child is different. You will have to base that on her maturity level. If she doesn't seem like she will be fine walking down the aisle alone consider having her walk with the maid of honor or if her mother is one of the bridesmaids have her walk with her mom. Another option is if you have another child who is a little older, perhaps the ring bearer. Both children can walk down the aisle together. If the flower girl's parents are not a part of the bridal party make sure they are sitting at the front closest to the aisle so that the flower girl sees a familiar face. She may need some coaxing to make it all the way up the aisle or there's a chance she may forget what to do with the petals. Luckily most guests think the flowers girls are extremely cute when they do something out of the ordinary!

E-MAIL US YOUR QUESTIONS AT WENDA@LINDANOVIA.NET

Please be sure to include your full name, city and state, role in the event and the wedding date in the e-mail or your question will not be answered.

ESTIMADA WENDA

Una forma útil de contestar las preguntas mas complicadas que tengas con la ayuda de nuestra experta certificada en cordinación de bodas y/o quinceañeras. No te preocupes, pregúntale a Wenda.

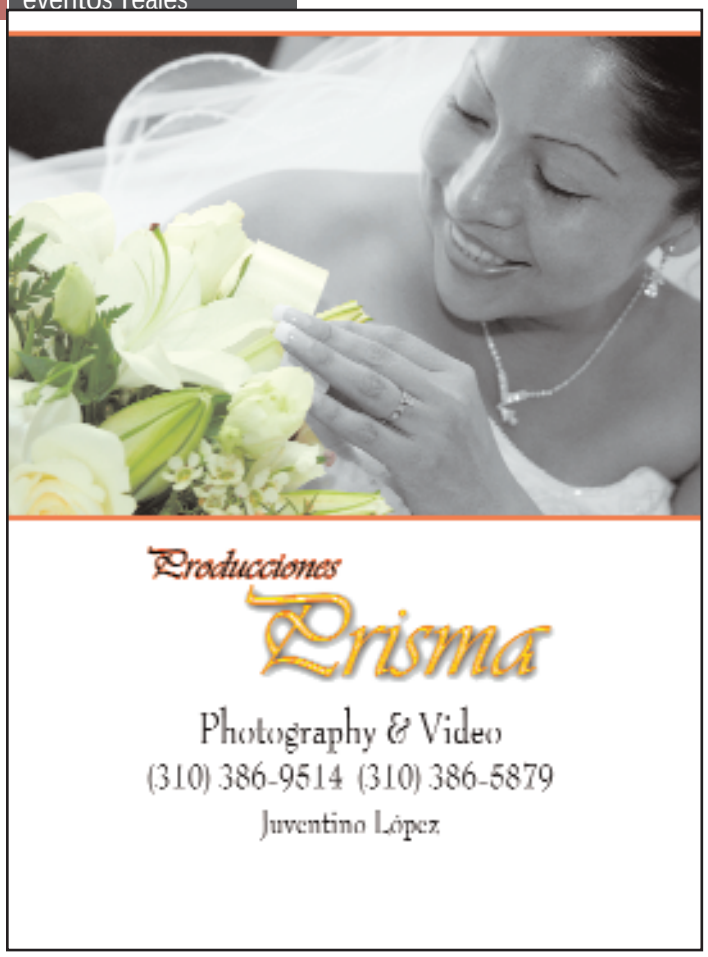
P. Mi novio no ha estado involucrado en los planes de la boda. Cómo puedo lograr que se entusiasme tanto como yo en la planificación?

R: Probablemente tu novio no se entusiasme al igual que tu con los preparativos de la boda. Seguro que para él, la planificación de la propuesta de matrimonio perfecta fue una tarea ardua que le llevo semanas si no meses de planificación. Para algunos hombres, la idea de planear una boda diariamente por unos nueve o quince meses, no representa para nada una idea "excitante". En vez de obligar a tu novio a participar de cada una de las reuniones con tu coordinador de boda y a mirar por horas las invitaciones que aparecen en las treinta mejores páginas de la red, selecciona aquellas actividades que tu creas le podrían resultar divertidas o de las que se pueda sentir orgulloso. Por ejemplo que busque opciones para el viaje de la luna de miel, o que busque las compañías de limousine . Puede que a él no le divierta sentarse en una reunión con las damas de compañía y la modista para diseñar sus vestidos, pero seguro que disfrutará tener la oportunidad de conversar con el DJ sobre qué música elegir para la fiesta! En síntesis búscale aquellas tareas que el pueda disfrutar y verás como aumenta su interés en los planes.

P. Mi novio y yo hemos completado nuestro registro de regalos en las tiendas. No me gustaría incluir la tarjeta en la invitación. De qué otra

cont. Pg. 51

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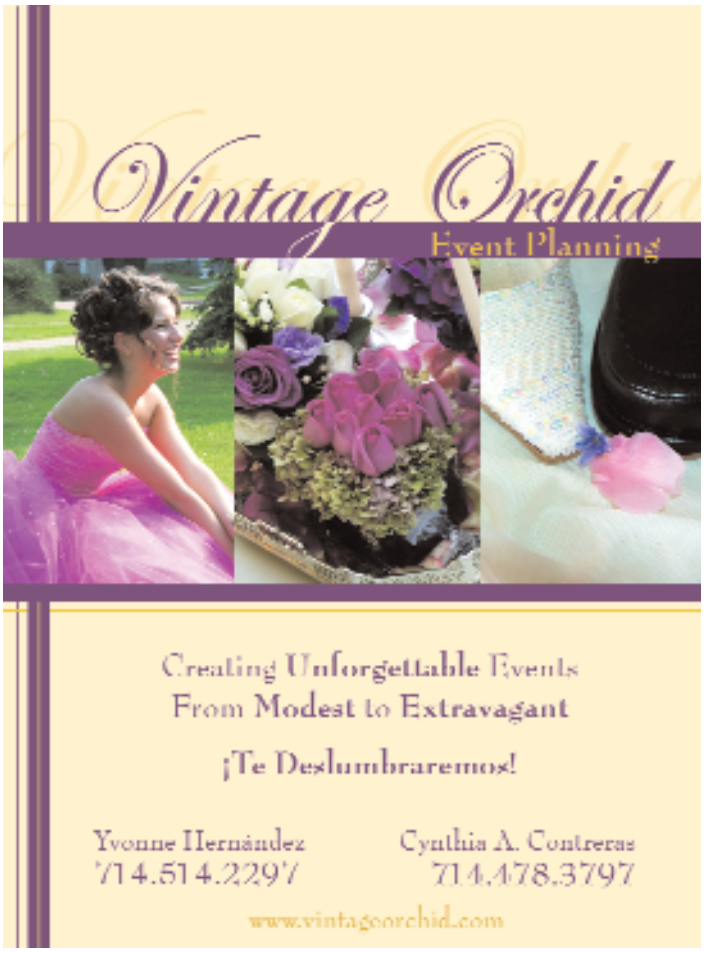
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cont. Pg. 51

manera puedo hacerle saber a los invitados dónde nos hemos registrado?

R: Los invitados lo averiguarán de boca en boca. La familia llamará a tus padres, a los padres de tu novio, hermanos o a ti y a tu novio directamente. Los compañeros de trabajo y amigos se comunicarán con otros amigos. Lógicamente los invitados van a querer saber en qué tienda se registraron los novios e irán averiguando con uno y con otro hasta encontrar la respuesta. Sólo asegúrate que las personas involucradas en la ceremonia de la boda y los parientes más cercanos tengan la información correcta, ya que naturalmente irán surgiendo las consultas.

P: Una niña de tres años, es demasiado pequeña para ser la niña de las flores en la boda?

R: Cada niño es diferente. Tendrás que basar tu juicio en el nivel de madurez de la niña. Si crees que no podrá caminar solita, tal vez la dama de honor o su mamá, si es una de las damas, pueda caminar de su mano. La otra opción es que la acompañe otro niño un poco mayor, tal vez el niño de los anillos. Entonces ambos niños pueden caminar juntos. En el caso de que los padres de la niña de las flores no sean parte del cortejo de la boda, por favor asegúrate de que estén ubicados de modo que la niña vea los rostros familiares de sus padres. De ese modo podrán ayudarla a recordar lo que tiene que hacer con los pétalos durante todo el trayecto. Afortunadamente, la mayoría de los invitados piensa que es bien gracioso cuando las pequeñas hacen algo fuera de lo estipulado!

P: Me acabo de comprometer, qué es lo primero que debo hacer?

RESPUESTAS POR WENDA EVANS
TRADUCIDO POR SUSANA CELIA

R: Lo primero que toda novia debe hacer es armar un presupuesto realista para la boda. No hay nada mas frustrante que encontrar el lugar de tus sueños y darte cuenta que el costo por

PREGUNTELE A WENDA@LINDANOVIA.NET

Por favor de incluir su nombre completo, ciudad, estado, su papel en el evento, el dia de la celebración en el correo electronico o su pregunta no sera contestada.

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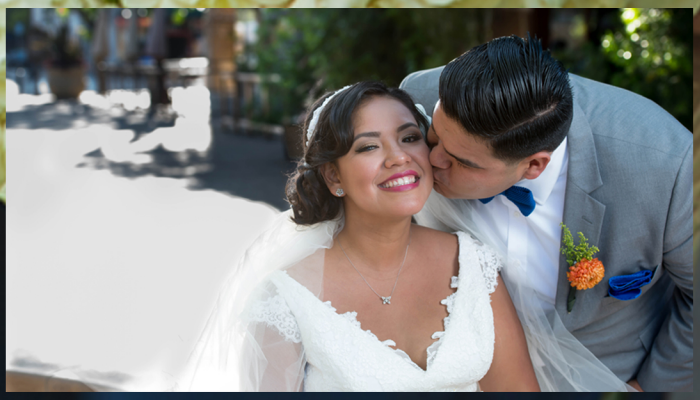


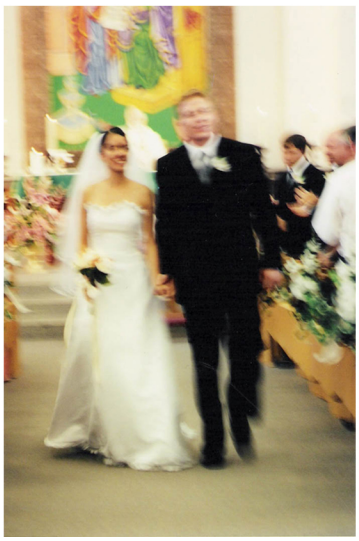


Why you need a professional Photographer

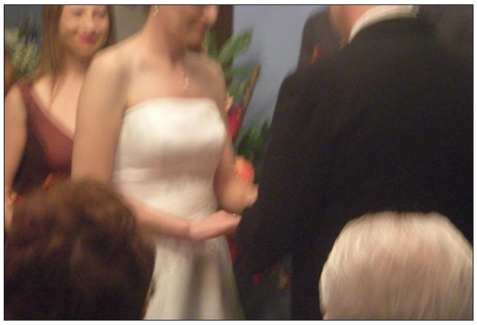
Wedding season is coming in fast and I'm sure many of you are not as prepared as you would like to be for your upcoming wedding. With so many things to plan (Venue, dress, flowers, catering, Etc.) expenses can easily rise, leaving you with wonder as to where you can cut some costs. You just remembered that your cousin recently bought a new DSLR camera and you're thinking maybe he could take pictures for you to help you save money.

While you may think your cousin has a nice camera, most consumer DSLR don't have the necessary features to appropriately cover a wedding. Let's say your cousin does have the best camera money can buy (aprox. $6,000) and he also has the necessary lenses to fully cover a wedding ($8,000). Weddings are among the most difficult type of photography, it not only requires equipment but also the experience to be able to adapt to various situations in a matter of seconds.





PHOTOS TAKEN BY GUEST WITH SMART PHONE



Important moments of the wedding can happen at any given time, so if your cousin decides he wants to take a break and have a drink there is a good chance he will miss many significant moments of the most important day of your life.

You may also be thinking "this is 2015 everyone has a camera in their smart phones… there is no way moments will be missed". Most venues are very dark and make it nearly impossible to take a quality photo without adequate lighting. Professional lighting will not only ensure that your photos are properly exposed but they will also be in focus.

Now that you have invested so much on your wedding, I guarantee you do not want to miss out on having a profesional photographer capturing all the essentials of your special day.



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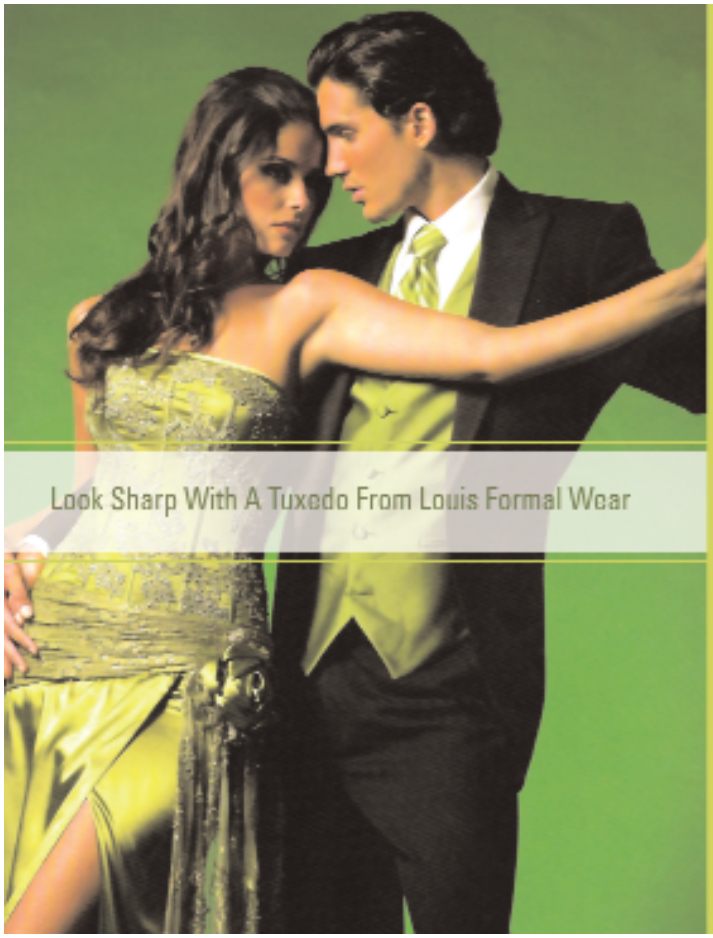

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There Once was a Little GIRL...

MY QUINCEAÑERA WAS A LAST MINUTE THING; we had only 6 months to plan everything. I was indecisive about whether or not I even wanted a party but when December came around, the stars were aligned and the wind was blowing in the right direction so I told my parents that I wanted a party after all. I am not the kind of person who likes to be in the spotlight but I wanted to celebrate my 15th birthday with all of my family. We found a nearby hall that was the perfect in size and historic style. We booked it for April 12, 2008 and arranged for the church ceremony at our neighborhood Catholic Church. My mom and I were surprised at the cost of the religious ceremony, but I guess even churches have bills, right?

My theme was the first thing I decided on. I had many ideas in mind, but my two older sisters helped me out with the final decision. I definitely wanted my quinceañera and my dress to be unique like me; they had to be different from all the ones that I have ever seen. I chose a combination of brown and teal as my theme colors and decided that my quince theme should represent the 1950s. The dresses of that time were what captured my attention the and I knew that my dress would have to represent that era. My sister Dora designed my dress and had a small, local business make it. The style was white with a teal sash that went half way down my shin. The fabric was satin with lace overlay.

My family was involved quite a bit in making my special day a reality. My sister did my makeup and I don't think I would have trusted anyone else to do my hair except my Aunt, who is a professional hairstylist. I was pleasantly surprised to see the centerpieces since my mom and aunt chose them. They were round and sat on high vases with teal and white daisies. Despite the traditional bouquet that the quinceañera has to carry around, I decided on something a bit more fun like a pomander, which is essentially a bouquet but shaped in a ball. It had a teal ribbon attached so I could carry it around. My mom made the church bouquet with white cala lilies from our garden to give it that personal touch. Our photographer was René Miranda who was very easy to work with and our videographer was Juventino Lopez from Producciones Prisma who had a classy and traditional style. We had family and friends help decorate the hall. We had chicken and beef fajitas with rice and beans and salad as the main course. My dad's mariachi band and DJ Pedro Silva provided the music and entertainment. And my dear sister Silvia choreographed my surprise dance.

My quinceañera was like a big family reunion. I knew everyone that came and it was nice to see some faces that I hadn't seen in a long time. Everyone had a great time dancing, eating, drinking and catching up. My sister made a slideshow and my family got to see themselves grow up with me.

I realized that planning my quinceañera was very time consuming but not that complicated. The planning process can

BY SUSANA VARGAS

HUBO UNA VEZ UNA NIÑA...

Mi fiesta de quince años fue una decisión de último momento. Solo tuvimos 6 meses para planear todo. Incluso yo estaba indecisa con respecto a si quería o no una fiesta, pero al llegar el mes de Diciembre, las estrellas se alinearon y el viento sopló en la dirección correcta así que le dije a mis padres que sí quería tener mi fiesta quinceañera. No soy una de esas personas que le gusta llamar la atención, pero sí sabía que quería festejar mis 15 con toda mi familia. Encontramos un salón en los alrededores, que era perfecto en tamaño y estilo. Lo reservamos para el 12 de abril del 2008 e hicimos los arreglos para la ceremonia religiosa en la iglesia católica del vecindario. Tanto a mi mamá como a mí nos sorprendió el costo de la ceremonia religiosa, supongo que las Iglesias también tienen que pagar sus cuentas, verdad?

Lo primero que decidí fue el tema de la fiesta. Tenía varias ideas en la mente, y mis dos hermanas mayores me ayudaron a tomar la decisión final. Definitivamente quería que mi fiesta de quince y mi vestido fueran únicos, como yo. Todo tenía que ser diferente de lo que ya había visto. Elegí una combinación de marrón y azulino como mis colores básicos y decidí que el tema de mis quince iba a ser la representación de los años 1950. Los vestidos de esa época capturaron mi atención así que supe que mi vestido tendría que representar esos años. Mi hermana Dora fue quien diseñó el modelo y lo mandamos a hacer en una tienda pequeña. El vestido era blanco con una faja azulina que caía hasta la mitad de la falda. La tela era de satén y apliques de lazo.

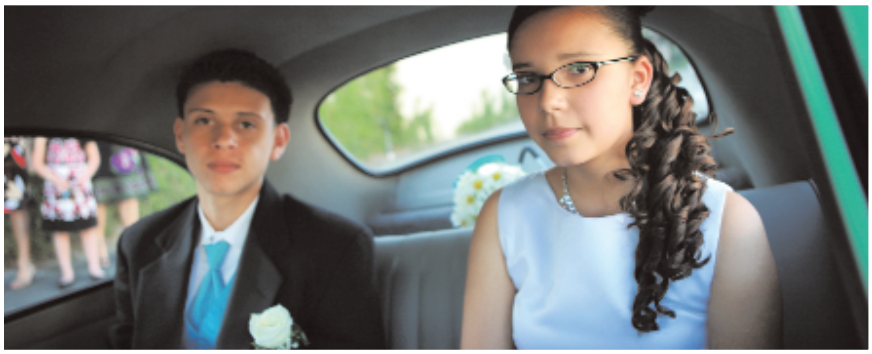
Mi familia se involucró mucho para hacer que este día tan especial para mí, se convirtiera en una realidad. Mi hermana me maquilló y mi tía, que es estilista profesional, fue en la única persona que confié me haría un buen trabajo. Los centros de mesa fueron una grata sorpresa ya que mi mamá y mi tía los eligieron. Eran redondos sostenidos por una base en alto y con margaritas azules y blancas. A pesar de que la quinceañera tiene que llevar un tradicional bouquet, yo me decidí por algo más divertido, un "pomander" que es básicamente un bouquet pero con forma de pelota. Para poder acarrearlo, le había agregado una cinta azul. Mi mamá fue quien preparó el bouquet para la iglesia con cala lilies de nuestro jardín, lo cual le dio un toque personal. La fotógrafa fue René Miranda con quien fue muy fácil trabajar y el CD fue realizado por Juventino Lopez de Producciones Prisma quien tiene un estilo tradicional de mucha clase. Nuestra familia y amigos fueron quienes decoraron el salón. El menú consistió de fajitas de carnita y pollo con arroz y frijoles y ensalada como platos principales. Los Mariachis de la banda de mi papa y el DJ Pedro Silva fueron los encargados de la música y el entretenimiento. Mi hermana Sylvia me preparó el baile sorpresa en mi fiesta

Mi quinceañera fue realemente una gran fiesta familiar. Yo conocía a todos los que participaron y me sentí bien de ver algunos rostros que hacía mucho no miraba. Todos lo pasaron de maravillas bailando, comiendo, bebiendo y poniéndose al día. Mi hermana presentó un show de fotos y todos en la familia se vieron como iban creciendo junto a mi.

Tomé conciencia de que planear mi quinceañera se llevó

POR SUSANA VARGAS TRADUCIDO POR SUSANA CRUZ

PHOTOGRAPHY BY RENÉ MIRANDA PHOTOGRAPHY

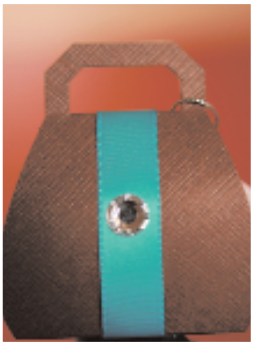














Quinceañera: Susana Vargas
Reception:
Saturday, April 12, 2008
Reception Time:
5:00 p.m. - 12:00 a.m.
Photographer:
René Miranda Photography
Videographer:
Producciones Prisma
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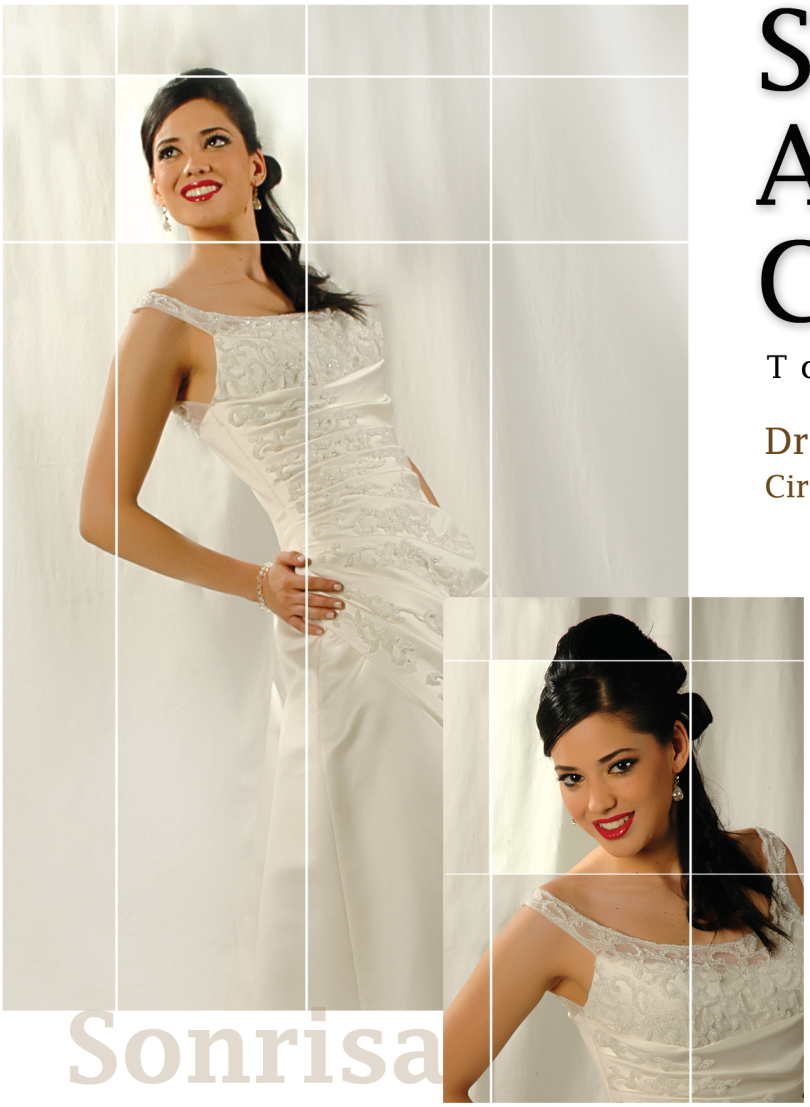

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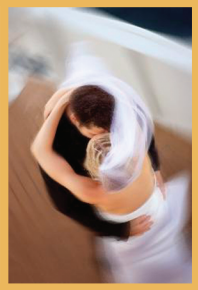

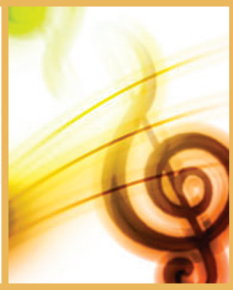

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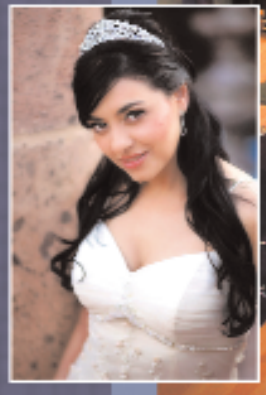

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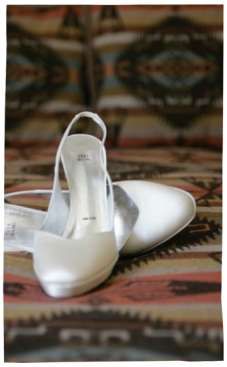

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Diseños Ivette Alaniz



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(left to right) Jackeline Cacho, V.P. of L.N. Mario Vitale, designer Rocio Soria, Paloma's Collection, CEO of L.N. Isidro Arroyo

Ice sculpture sponsored by Thirty Two Below

(below) Special Guest Maria Marín, author and motivational speaker

Special performance by Eduardo Arturo (Univision Records) with Ivette Alaniz (left) and her collection



(izqui. a derecha) Jackeline Cacho, Mario Vitale (Linda Novia V.P.), Rocio Sorio from Paloma's Collection and Isidro Arroyo (Linda Novia CEO).



Sculptura de hielo por la compañia 32 Below.



Invitada especial, Maria Marín, autora y motivadora.



Eduardo Arturo (Univision Records) con la diseñadora Ivette Alaniz (izquierdaa) y su colleción.



Danzantes aztecas abren la presentación de la revista siguiendo con la collecion de Paloma's Collection.



Invitada especial, Mabel Katz de "The Mabel Katz Show", Mario Vitale V.P. of L.N. and Isidro Arroyo CEO of L.N.



Cantante imitador de Marco Antonio Solis, Marco Antonio Muñiz.

(above) The unvailing featured an opening performance with aztec dancers that followed with Paloma's Collection Designs.

(left) Special guest appearance from Mabel Katz "The Mabel Katz Show" Mario Vitale V.P. and Isidro Arroyo CEO.

Presentation by Marco Antonio Muñiz (Marco Antonio Solis imitador)

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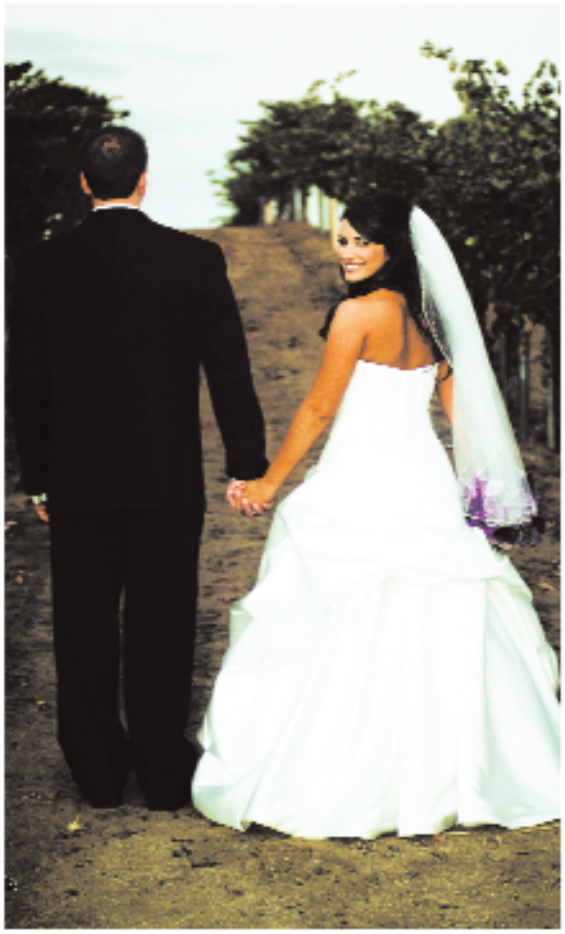

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